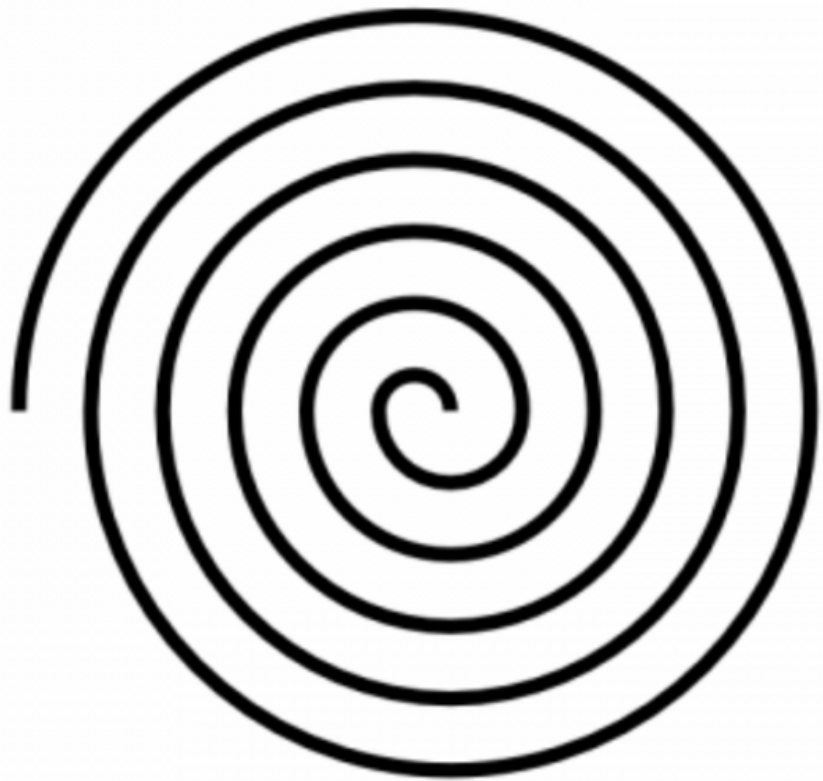


# TANKER

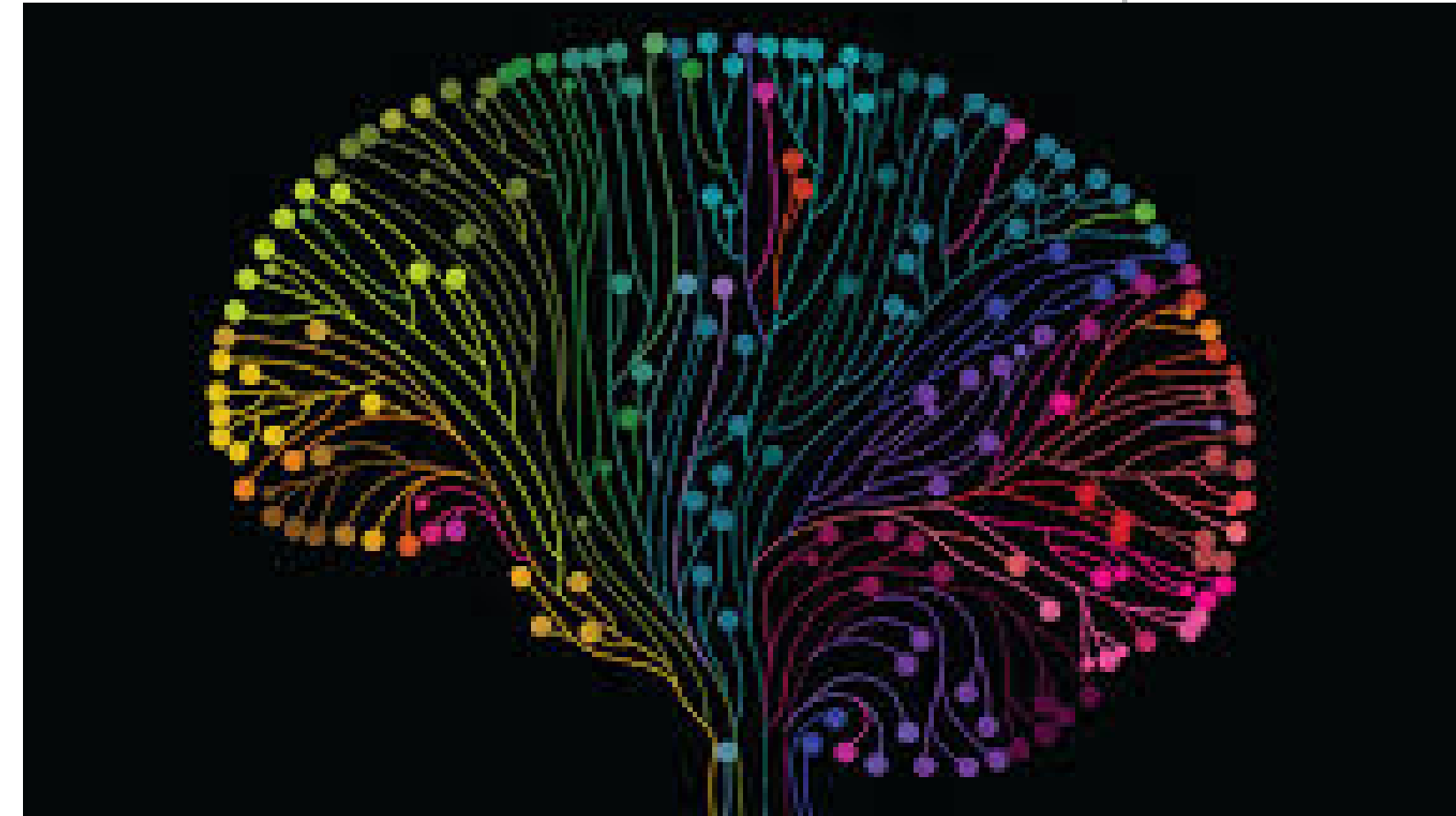


# TANKE-MØNSTRE





# MINDFULNESS



## DEFAULT MODE & SELF-NARRATIVE







SESSION 5 - TANKER